

Join Miss Ruth and the
Whiz Kids Aerobic Team
Dance/Exercise FUN for all...

Tuesdays, 3:05-4:15 pm (B-7)

Wednesdays, 3:05-4:15 pm (Auditorium)

Thursdays, 12:25-1:30 (Auditorium)

****Tuesday and Wednesday classes are smaller and a suggested choice**

Winter Session begins
January 15, 16, 17 2019
Cost is \$80 for 10-week session
(Sibling discount available)

***WHIZ KIDS'* goals for children:**

- IMPROVE ACADEMIC SKILLS THROUGH CONSISTENT RHYTHMIC MOVEMENT
- INCREASE CONCENTRATION, SELF-ESTEEM AND SELF-CONFIDENCE
- LEARN BASIC COORDINATION, FLEXIBILITY, BALANCE, CHOREOGRAPHED ROUTINES
- HAVE FUN WHILE EXERCISING IN A NONCOMPETITIVE, SAFE ENVIRONMENT
- DEVELOP A LOVE FOR PHYSICAL FITNESS THROUGH AEROBIC DANCE & EXERCISE
- PLAY AEROBIC GAMES AND LEARN CHOREOGRAPHED AEROBIC ROUTINES...
- PERFORM AT RANCH ROUNDUP AND OTHER FAMILY SHOWS

CLASSES FILL UP FAST...

DEADLINE TO REGISTER IS JANUARY 12TH

REGISTRATION AND PAYMENT MUST BE COMPLETED BEFORE THE FIRST CLASS

TO REGISTER:

EMAIL MISS RUTH AT RUTHFIT2GO@GMAIL.COM

FOR INFORMATION ABOUT WHIZ KIDS, PRICES, REGISTRATION FORM AND HOW TO ENROLL

THANK YOU,

RUTH BURR

JERABEK LIBRARIAN AND CERTIFIED WHIZ KID INSTRUCTOR