

Join Miss Ruth and the
Whiz Kids Aerobic Team
Dance/Exercise FUN for all...

Tuesdays, 3:05-4:15 pm (B-7)

Wednesdays, 3:05-4:15 pm (Auditorium)

Thursdays, 12:25-1:30 (Auditorium)

****Tuesday and Wednesday classes are smaller and a suggested choice**

Spring Session begins

April 2, 3, 4 2019

**Cost is \$64 for 8-week session
(Sibling discount available)**

***WHIZ KIDS'* goals for children:**

- IMPROVE ACADEMIC SKILLS THROUGH CONSISTENT RHYTHMIC MOVEMENT
- INCREASE CONCENTRATION, SELF-ESTEEM AND SELF-CONFIDENCE
- LEARN BASIC COORDINATION, FLEXIBILITY, BALANCE, CHOREOGRAPHED ROUTINES
- HAVE FUN WHILE EXERCISING IN A NONCOMPETITIVE, SAFE ENVIRONMENT
- DEVELOP A LOVE FOR PHYSICAL FITNESS THROUGH AEROBIC DANCE & EXERCISE
- PLAY AEROBIC GAMES AND LEARN CHOREOGRAPHED AEROBIC ROUTINES...
- PERFORM AT RANCH ROUNDUP AND OTHER FAMILY SHOWS

CLASSES FILL UP FAST...

DEADLINE TO REGISTER IS APRIL 1ST, 2019

REGISTRATION AND PAYMENT MUST BE COMPLETED BEFORE THE FIRST CLASS

TO REGISTER:

EMAIL MISS RUTH AT RUTHFIT2GO@GMAIL.COM

FOR INFORMATION ABOUT WHIZ KIDS, PRICES, REGISTRATION FORM AND HOW TO ENROLL

THANK YOU,

RUTH BURR

JERABEK LIBRARIAN AND CERTIFIED WHIZ KID INSTRUCTOR