

Join Miss Ruth and the
Whiz Kids Aerobic Team
Dance/Exercise FUN for all...

WHICH CLASS IS BEST FOR YOU?

Tuesdays, 3:05-4:15 pm (B-18 at Jerabek)
Wednesdays, 3:05-4:15 pm (Jerabek School Auditorium)
Thursdays, 12:25-1:30 (Jerabek School Auditorium)

Winter Session begins
January 15, 16, 17 2019
Cost is \$80 for 10-week session
(Sibling discount available)

WHIZ KIDS' goals for children:

- IMPROVE ACADEMIC SKILLS THROUGH CONSISTENT RHYTHMIC MOVEMENT
- INCREASE CONCENTRATION, SELF-ESTEEM AND SELF-CONFIDENCE
- LEARN BASIC COORDINATION, FLEXIBILITY, BALANCE, CHOREOGRAPHED ROUTINES
- HAVE FUN WHILE EXERCISING IN A NONCOMPETITIVE, SAFE ENVIRONMENT
- DEVELOP A LOVE FOR PHYSICAL FITNESS THROUGH AEROBIC DANCE & EXERCISE
- PLAY AEROBIC GAMES AND LEARN CHOREOGRAPHED AEROBIC ROUTINES...
- PERFORM AT RANCH ROUNDUP AND OTHER FAMILY SHOWS

CLASSES FILL UP FAST...

DEADLINE TO REGISTER IS JANUARY 12TH

DUE TO THE HIGH NUMBER OF STUDENTS IN EACH CLASS, I CANNOT ACCEPT PAYMENT AT THE CLASS

WHIZ KIDS INSTRUCTOR: **RUTH BARR**
CERTIFIED FITNESS INSTRUCTOR AND JERABEK LIBRARIAN

TO REGISTER:

EMAIL MISS RUTH AT FIT2GOON@AOL.COM.

FOR INFORMATION ABOUT WHIZ KIDS, PRICES, REGISTRATION FORM AND HOW TO ENROLL TODAY