

ANNOUNCING JERABEK'S WEDNESDAY:
"MORE THAN MARTIAL ARTS
EMPOWERMENT PROGRAM"

NEW DAY
•
SAME VALUE!



**ADDED DUE TO
POPULAR REQUEST**

**More than Martial Arts Empowerment
Program is now available to NEW
STUDENTS for Wednesdays!**

This action packed hour is designed to provide exercise, improve awareness & basic martial arts techniques coupled with a character counts class that will help improve home and school life

No uniform is required and it is not a rank-system program.

Snacks will be provided as students transition from their school day to Karate Class.

**PLEASE CONTACT SENSEI STEFANIE ALBERTS AT:
760-484-1435 or stef@bridge2breakthru.com
to request registration form!**

Start Date:
Wednesday, April 11th
End Date:
Wednesday, June 6th
Skip Dates:
TBA
Time:
3:10 – 4:10 pm
Cost:
\$139

