

Join Miss Ruth and the  
***Whiz Kids Aerobic Team***  
*Dance/Exercise FUN for all...*

**WHICH CLASS IS BEST FOR YOU?**

**Wednesdays, 3:05-4:15 pm (Jerabek School Auditorium)**

**Thursdays, 12:25-1:30 (Jerabek School Auditorium)**

**Winter Session begins**  
**January 17 and 18, 2018**  
**Cost is \$80 for 10-week session**  
**(Sibling discount available)**

***WHIZ KIDS'* goals for children:**

- IMPROVE ACADEMIC SKILLS THROUGH CONSISTENT RHYTHMIC MOVEMENT
- INCREASE CONCENTRATION, SELF-ESTEEM AND SELF-CONFIDENCE
- LEARN BASIC COORDINATION, FLEXIBILITY, BALANCE, CHOREOGRAPHED ROUTINES
- HAVE FUN WHILE EXERCISING IN A NONCOMPETITIVE, SAFE ENVIRONMENT
- DEVELOP A LOVE FOR PHYSICAL FITNESS THROUGH AEROBIC DANCE & EXERCISE
- PLAY AEROBIC GAMES AND LEARN CHOREOGRAPHED AEROBIC ROUTINES...
- PERFORM AT RANCH ROUNDUP AND OTHER FAMILY SHOWS

CLASSES FILL UP FAST...

REGISTRATION & PAYMENT **REQUIRED** BEFORE THE 1ST CLASS

WHIZ KIDS INSTRUCTOR: **RUTH BURR**  
CERTIFIED FITNESS INSTRUCTOR AND JERABEK LIBRARIAN

**TO REGISTER:**

EMAIL MISS RUTH AT [FIT2GOON@AOL.COM](mailto:FIT2GOON@AOL.COM).

FOR INFORMATION ABOUT WHIZ KIDS, PRICES, REGISTRATION FORM AND HOW TO ENROLL TODAY